

# Endoscopy Preparation

**ENDOSCOPY:**

Sometimes referred to as an EGD, is a visual examination of the upper intestinal tract using a lighted, flexible fiber optic endoscope. You are mildly sedated for this procedure. The endoscope is gently inserted through your mouth into the upper esophagus. Then, the endoscope is passed into the stomach and duodenum, or first portion of the small intestine.

**Five (5) Days Before Procedure:**

- DO NOT take any aspirin or aspirin products; such as ibuprofen, Naprosyn, Nuprin or Relafen. Tylenol (acetaminophen) is allowed.
- Anticoagulants or blood thinners, such as: Coumadin, Persantine or Plavix. Pradaxa will likely be held as well. **Dr. Hakert’s office will need to discuss the protocol for managing these medications with the patient after obtaining clearance from the prescribing doctor.**

**Day Before Procedure:**

- DO NOT EAT OR DRING ANYTHING AFTER MIDNIGHT.

**Day of Procedure:**

- Take any currently prescribed heart seizure or blood pressure medications with a sip of water. Any other medications can be taken after your procedure.
- If you are diabetic: To avoid dangerously low blood sugar, please do not take your diabetic medication (pills or insulin) the morning of your procedure. You can resume your diabetes medications after the procedure once you have eaten.
- Plan on being at the facility for approximately 2 hours.
- A driver must accompany you to drive you home after your procedure. You will be sedated for your EGD and will be drowsy for several hours after the procedure. You may not drive or work for 12 hours after the procedure.
- **YOU WILL NOT BE ALLOWED TO DRIVE OR TAKE PUBLIC TRANSPORTATION. YOU MUST HAVE A RIDE ARRANGED TO TAKE YOU HOME.**

Procedure Date: \_\_\_\_\_

Check-In Time: \_\_\_\_\_

Location(s): \_\_\_\_\_ Old Town Endoscopy Center  
 5500 Greenville Ave Suite 11000  
 Dallas, TX 75206  
 (214) 739-9544

\_\_\_\_\_ Forest Park Medical Center  
 11990 North Central Expressway  
 Dallas, Texas 75243  
 (972) 234-1900

\_\_\_\_\_ Lake Pointe Medical Center  
 6800 Scenic Drive  
 Rowlett, TX 75088  
 (972) 412-2273

\_\_\_\_\_ Presbyterian Hospital – Dallas  
 8200 Walnut Hill Lane  
 Dallas, TX 75231  
 (214) 345-6789